

Appendix 1. Data collection instrument: interview

I, _____ (name of the interviewer), will conduct an interview to assess any stigma you might have experienced as a person with tuberculosis (TB) and/or Coronavirus disease 2019 (COVID-19) disease. You are free not to answer any question and to withdraw from the interview at any time without prejudice.

First, I would like to perform a brief clinical and sociodemographic evaluation, including:

Sex:

Age:

Occupation and education:

Smoking habits (pack year):

Drug addiction:

Alcoholic habits:

Human Immunodeficiency virus:

1. I would like you to tell me about the journey you experienced with the illness:

- How did you know you were sick? When was the diagnosis? What was the diagnosis? Do you know how or in what context you contracted the disease? Where were you diagnosed?
- What did you know about TB and/or COVID-19 before you contracted the infection(s) - did it influence your attitudes during your illness?
- What was your family and friends' reaction to your diagnosis?

2. Do you know the definition of stigma? What do you interpret stigma related to infectious diseases? (Give a brief definition of stigma to the patient after his response).

3. Regarding stigma:

- Overall, in any situation of your life, have you felt victimized by stigma? On the other hand, have you ever stigmatized others?
- Have you avoided going to Health Services for fear of stigma? (e.g., being ashamed that you might have that disease).
- Have you avoided talking about your illness with family/friends for fear of stigma? (e.g., fear of being shunned for having the disease).
- Have you had any professional repercussions from contracting this/these illnesses?
- In what places/circumstances did you experience stigma?
(When applicable: Was it different in TB versus COVID-19? understand what or if anything has changed regarding stigma).

4. Other questions I would like you to answer:

- Do you think that knowledge about these diseases can help reduce stigma associated with them? If yes, please justify.
- Does the fact of having to be in social isolation increase the stigma associated with this condition(s)? Does wearing a mask increase the stigma associated with it?
- Did you have difficulty in accepting that you have this/these diseases for reasons related to stigma? Or because you were afraid of being discriminated against by others?
- Did you experience feelings of shame or self-rejection with the diagnosis of this/these illnesses?
(When applicable: Was it different in TB versus COVID-19? understand what or if anything has changed regarding stigma).

5. What can be improved? (Even if you have not experienced stigma)

- In terms of behaviors of health professionals (language used, for example).
- In terms of informing the population.
- Do you have any recommendations?